## Pre-school 3-5 year olds. Spring 2024. Ideas of activities to explore further through our questions.



## Physical Development

Books- Alan's Big Scary Teeth, Open Wide, Beanbag Raps

Visit from a dentist

Hey Duggee -toothbrushing badge

Bring in toothbrushes to practise brushing teeth in school

Wipeable posters of teeth to draw on and scrub off with toothbrushes

Threading fruit and veg

Cut and stick activities-Healthy or unhealthy?, Good or bad for your teeth? Spaghetti/wool hair to cut and style

Traffic lights game

Making fruit smoothies, veg.soup-peeling/slicing/cutting

Healthy lunchboxes, Hydration station

Exercise routines-notice breathing and heart rate before and after

Obstacle courses, physical challenges, balloon races

Body movements-roll, slide, twist, spin, skip, jump

**P.E-Gymnastics** 

Movement songs/rhymes- Heads shoulders knees and Toes/One Finger One Thumb, This is the Way...

## **Personal Social and Emotional Development**

Books- Marvellous Me, Super Duper Me, The Smeds and The Smoos, Feeling Happy Feeling Safe

Song-If You're Happy and You Know It, If You're Sad and You Know It Marvellous Me individual scrapbooks

Fukuwarai- Japanese New Year game played with a partner

Keeping safe at home-electrical, medicines, first aid

Safer Internet Day-6<sup>th</sup> February

National Random Acts of Kindness Day-17<sup>th</sup> February Keeping safe whilst out-road safety/who can you trust?

Behaviour-acceptable or unacceptable?

Social stories-right or wrong?

It's OK to feel-ways to help recognise and deal with emotions

Circle games-who's moved?/what's changed?

## Communication and Language

Vocab: food groups/body parts (inside and out), types of teeth, texture

Books- The Big Pancake, Mama Papaya's Pancakes
Songs/rhymes-Is Your Toothbrush Ready?, Those Bones

Words /phrases used to show good manners, kindness

Listening games-What's that sound? Owl and Mouse, Chinese whispers, I went to the shop...

Surveys, interviews

Feely bag games-describe/guess the object

Mouth movement-Eg; open wide, suck in cheeks, run tongue around teeth, move jaw side to side, put teeth over lips

Mouth sounds-Eg; whistle, tongue click, blow raspberries, purse

lips and make kissing sound, chatter teeth

Listening walk

Story themed trays for retelling our topic books

Literacy	Mathematics		
Information books-See Inside Your Body, How My Body Works, The Peas	Book- The Enormous Turnip,Carrot Soup-one more/one less/step		
and the Sneeze.	patterns		
Rhyming-silly Soup	Number rhymes/songs-One Potato Two Potatoes, Five Fat Peas, 10 in		
Rhyming song-There's a Spider on My( body parts)	the Bed		
Syllables- fruits and vegetables, body parts	Recipes-weighing and measuring		
Initial sounds-fruits and vegetables, body parts	Maps of where you live, go to school		
Alliteration-shopping list game	Birthday dates, ages, birthday train.		
Mark making-names/appointments/diaries/info.charts/shopping	Measuring height, weight, head circumference, feet, hand span		
lists/labels (role play)	Ordering by height, weight, shoe size, house numbers		
Finger Gym and Midline Crossing movement activities	Eye colour, favourite fruit, birthday bar charts		
Making their own scrapbooks- title, font, author, turning pages one at a time			
left to right	Timing toothbrushing-sand timers, stopwatches		
Using a laptop/printer	What else can you do in 2 mins?		
	Counting body parts		
	Fruit and veg. printing repeating patterns		
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Understanding the World	Expressive Arts and Design		
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