

RSE statement

Relationships Education at Dame Catherine's

As a primary school it is a statutory requirement that we provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, healthy lifestyles, diversity and personal identity. RSE involves a combination of sharing information, and exploring issues and values.

The aims of RSE at our school are to:

- Help children to develop feelings of self-respect, confidence and empathy and to have the confidence and self-esteem to value themselves and others
- Develop confidence to talk about feelings and relationships
- Provide a framework in which sensitive discussions can take place
- Support parents and carers in preparing pupils for puberty, and understanding the importance of health and hygiene
- Help children to be able to recognise unsafe situations and when to ask for help and support in order to protect themselves
- Create a positive culture around issues of relationships
- Teach pupils how to use appropriate vocabulary and understand that offence can be caused by use of sexual terms as an insult.

At Dame Catherine's, we pride ourselves in knowing our children and families well. We respect that children are individuals and that there should not be a 'one size fits all' approach to learning – this includes how children learn about relationships. Our groups are very small and we will consider how we teach about relationships in a bespoke way, according to the groups of children, and ages of the children, we have on roll at any given point. Primary sex education is not compulsory in primary schools, and additional content on sex education is not part of our curriculum at Dame Catherine's.

Given that we tailor our curriculum closely to the needs of individuals and groups of children, the specific elements will be built into the curriculum for children when it is most appropriate to do so and discussed with parents or carers in advance.

Parents can therefore be reassured that our school has the flexibility to develop our program so that it is tailored to the individual needs of children and we will do this in discussion and collaboration with parents and carers.

Please contact the school for a copy of our policy.

December 2022